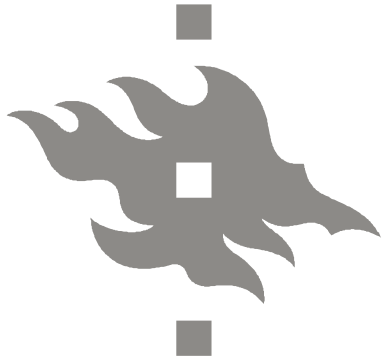


# Palmenia Centre for Continuing Education

[www.helsinki.fi/palmenia](http://www.helsinki.fi/palmenia)



# University of Helsinki in brief

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Established in Turku 1640, moved to Helsinki 1828

Main tasks: research, teaching and societal interaction

Bilingual (Finnish and Swedish), tuition also provided in English

11 faculties

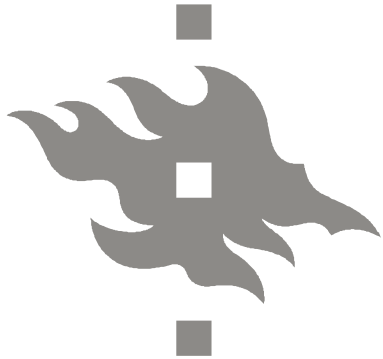
35,000 degree students, 30,000 continuing education and Open University students.

8,160 employees, including 3,930 researchers and teachers.

Budget 2010: EUR 644 million

Operates on four campuses in Helsinki and 17 other locations throughout Finland

Aims to consolidate its position among the best multidisciplinary research universities in the world

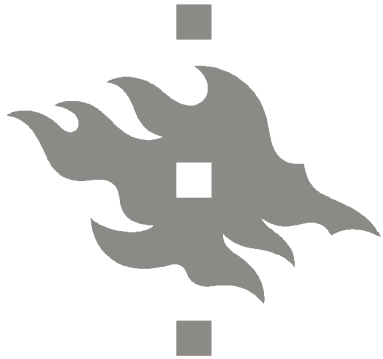


# Our mission

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**Palmenia is an independent institute of the University of Helsinki that implements the University's community relations policy.**

- We promote the competence, wellbeing and success of both our customers and the regions in which we operate as well as sustainable development and interaction between society and academia.
- We meet our customers' (individuals, companies and public organisations) training and development needs through adult education, applied research and other development services based on scientific research and academic expertise.
- We collaborate closely with the faculties and departments of the University of Helsinki, as well as with other adult education institutions.



# Our expert services

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## Adult education

Open continuing education

Customised training

Specialist studies

Professional qualification programmes

Preparatory training for degree studies

## Research and development

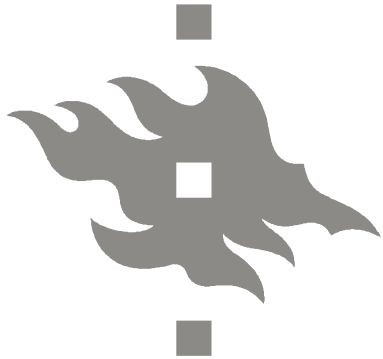
Commissioned research projects for client organisations

Regional development projects

International projects

Applied research

Evaluation and consultation

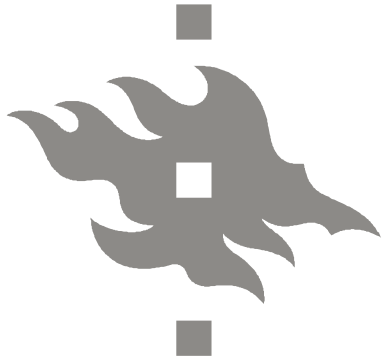


# Key figures 2011

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- 11,500 adult students
- 460 training programmes
- 75 national research and development projects
- 20 international research and development projects
- 170 staff members
- Turnover EUR 13,5 million



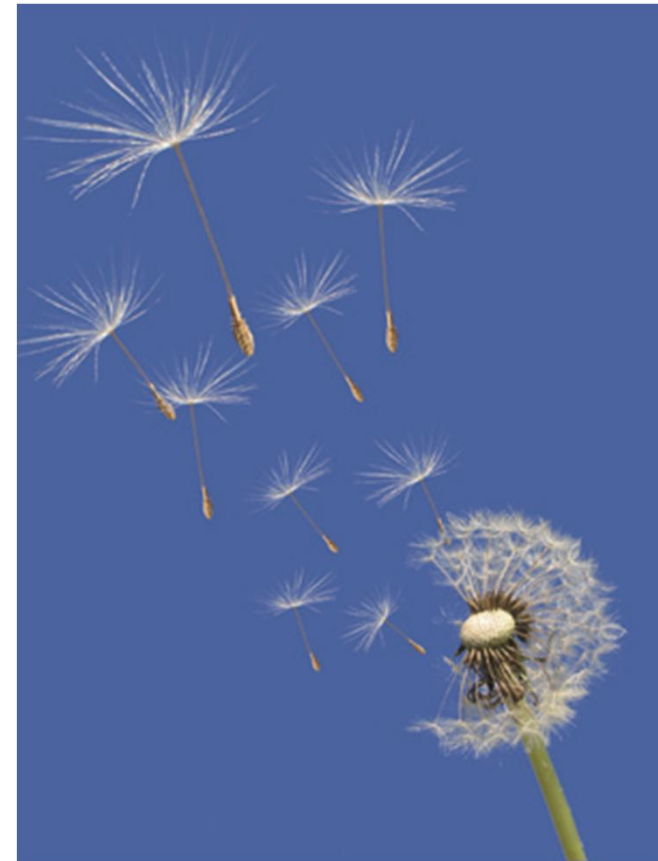


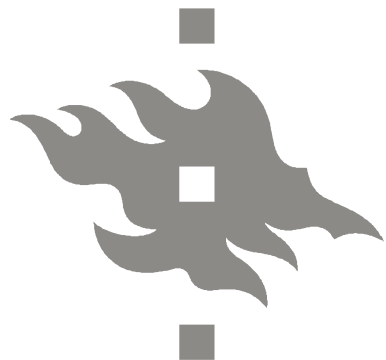
# Regional coverage

Palmenia operates regionally, nationally and internationally.

## Regional units

- Helsinki
- Hyvinkää
- Kotka
- Kouvola
- Lahti





# Focus areas

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Administration and finances

Communications

Cultural diversity and languages

Culture and art

Education and teaching

Food industry and agriculture

Law

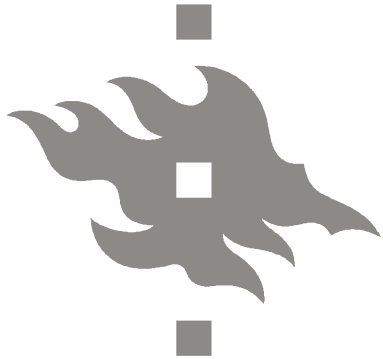
Natural and environmental sciences

Organisational and personnel development

Pharmacy

Social and health care

Web-based teaching and learning



# Education and teaching

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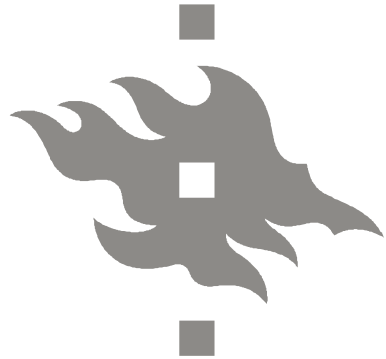
For teachers and directors of educational institutions

For kindergarten teachers and day care administrators

- Preschool and pre-primary education
- Special needs education
- Cultural diversity training in schools
- Subject didactics (e.g., languages, biology, mathematics and the natural sciences)
- The development of educational institutions as workplaces
- Mentoring for new teachers
- Continuing education in student welfare services
- Mentoring and training for rectors
- Developing web-based teaching







# Communications

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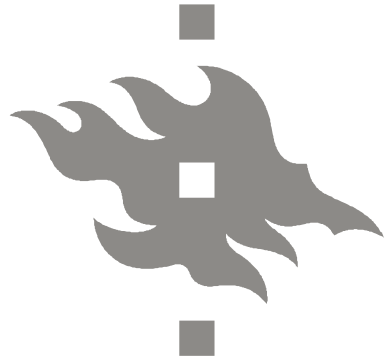
For communication specialists and managers

For journalists

For information specialists

- Organisational communication
- Online communications
- Social media
- Writer training



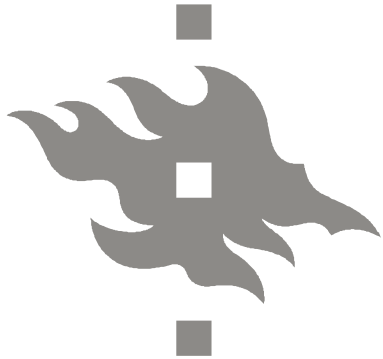


# Social and health care training

For social and health care personnel

- Domestic violence, safety, gender equality
- Gerontological education and development
- Child protection education
- Multiprofessional leadership training
- Psychotherapy education





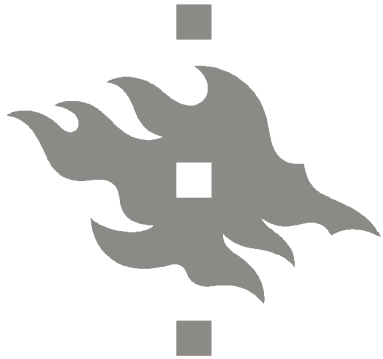
# Pharmacy education

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Diverse education in various fields of pharmacy

- Specialization studies in community pharmacy (PD - professional development)
- Education for pharmacists working in hospital and health centre sector
- Multiprofessional training in pharmacotherapy
- Expert training in various fields of the pharmaceutical industry





# Organisational and personnel development

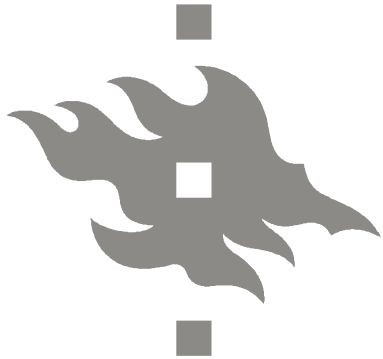
For organisational and personnel developers

For experts and trainers

For supervisors, project managers and team leaders

- Work supervisor and coach training
- Trainer's training
- Competence management and development
- Facilitating and coaching of professional development
- Development of occupational wellbeing
- Change management training, work supervision and pedagogical consultancy





# Cultural diversity and languages

Professional continuing education for teachers, translators and interpreters:

- Professional qualification programme for language teachers
- Teaching and evaluation of oral language proficiency in upper secondary schools

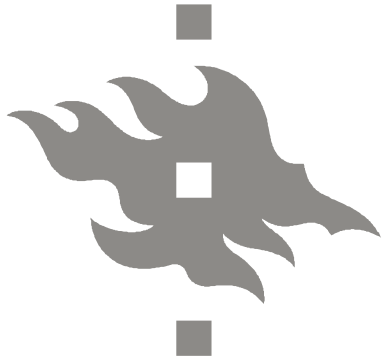


The National Foreign Language Certificate (YKI) in all languages as well as preparatory training

A multilingual and multicultural community

- Multicultural management
- Multicultural supervision in education and on-the-job training
- Guidance and advice services for academic immigrants
- Finnish for foreigners

Education Centre Sinoa provides a wide range of research, education and project services related to the Chinese language, culture and business



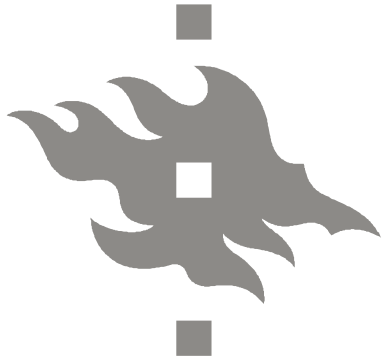
# The natural sciences

For experts and planning officers

For teachers

- Subject expertise training in biology, geography and science
- Mathematical and statistical applications
- Specialist studies in meteorology and hydrology
- Continuing education in chemistry
- Specialist training in disease model pathology





# Environmental education and development

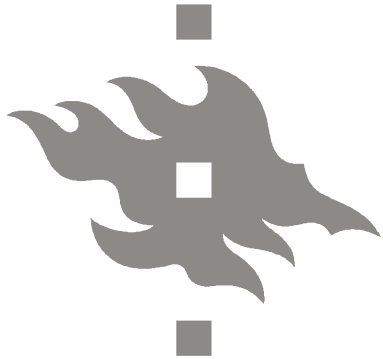
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For both private and public sectors

For teachers

- Training for building health inspectors
- Network projects with Lohja and Karkkila
- UrbanEnviro: Creating a training programme in urban environmental issues
- National survey: Specialist skills needs in the environmental sector
- Projects related to monitoring the ecological status of the Gulf of Finland
- Education and development projects related to sustainable development to be carried out in Russia





# Education programmes in the food industry

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For companies and producers

For the public sector

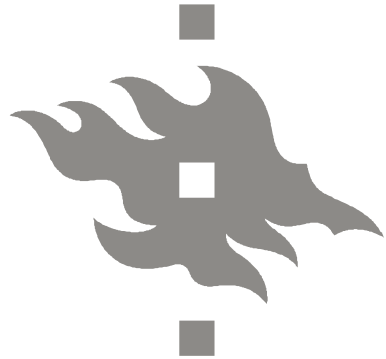
For teachers

For experts



- Food Safety – training in food chain safety management
- R&D expert in food production (24 credits)
- Development projects for small and medium-size businesses in the food industry
- Exporting food safety education





# Research and development services

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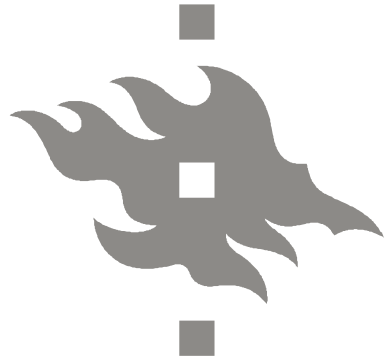
In 2011

- 75 national projects
- 20 international projects

Projects in all fields  
represented at the University

The projects respond to  
regional development needs





# Some research and development projects

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## **Ikihyvä Päijät-Häme**

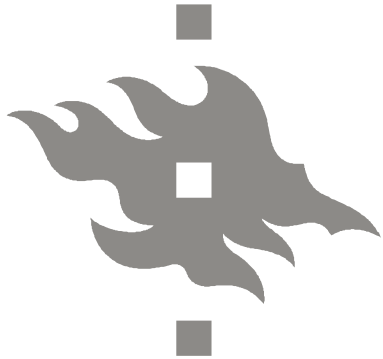
A ten-year research and development project for improving the wellbeing of the elderly in the 15 municipalities in Päijät-Häme. Social and Health Care Group

## **Mobster**

The project aims to develop an integrated mobile dictation and communication application for use in the health care sector.

## **Ankkuri**

The project examines the intercultural skills of teachers working in upper secondary vocational schools and training, and compiles related operational recommendations for the schools.



# An international Palmenia

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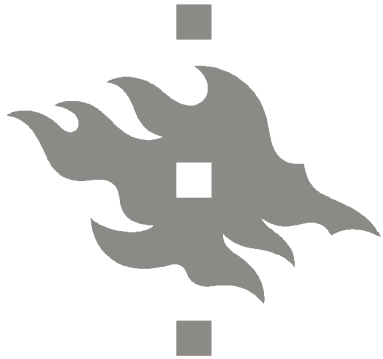
## **International education, research and development activities**

Currently involved in some 20 international projects in various fields, mainly in the EU and Russia

## **Internationalisation at home**

Education for immigrants

Supporting the export opportunities of Finnish companies and organisations through language and culture education



# Some international research and development projects

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## **Empowerment of Families with Children**

Developing preventive family support services and “welfare clinics” in multicultural environments in Finland and Russia

## **RIMA - Risk Management and Remediation of Chemical Accidents**

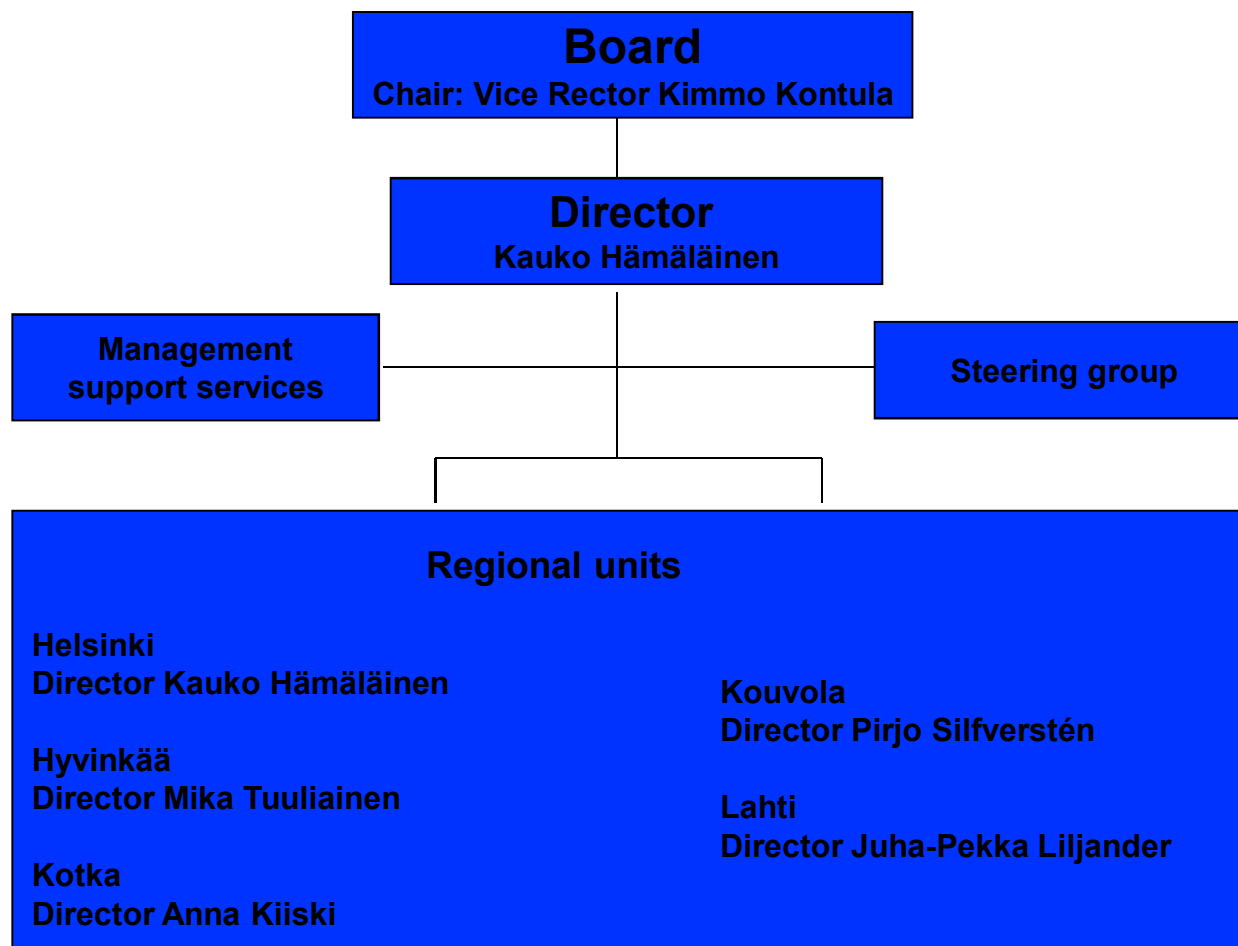
Assessing environmental risks pertaining to the transport of chemicals in Finland and Estonia and promoting the implementation of new soil cleaning methods in Finland

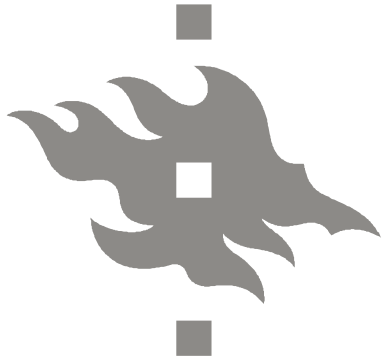
## **IT Seniors**

Enhancing senior citizens' command of media technologies and societal interaction in Europe



# Organisation





## About our name

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Chancellor Ernst Philip Palmén (1916-1991) was an open-minded academic with a lively personality.

Palmén worked as the Dean of the Section of Science in 1960–1969, the Vice Rector of the University of Helsinki in 1971–1973, the Rector in 1973–1978 and as Chancellor in 1978–1983.

